

Grade 2, Chapter 15 – Receiving the Holy Eucharist

Bible story connections:

- John 6:35-58
- 1 Corinthians 10:16-17
- 1 Corinthians 11:23-30

Social Justice tie-in:

- Beatitude: Blessed are the pure of heart – as a class, visit the church, and sit before the tabernacle. Take some time before Jesus, telling Him how much you love Him and look forward to receiving Him in Holy Communion.

Discussion Questions:

- How should we act as we receive Jesus in Holy Communion?
- What should we do after receiving Holy Communion?

Memory Work (Baltimore Catechism):

373. How should we prepare ourselves for Holy Communion?

We should prepare ourselves for Holy Communion by thinking of Our Divine Redeemer whom we are about to receive, and by making fervent acts of faith, hope, love, and contrition.

374. What should we do after Holy Communion?

After Holy Communion we should spend some time adoring Our Lord, thanking Him, renewing our promises of love and obedience to Him, and asking Him for blessings for ourselves and others.

Catholic Brain Connections:

Coloring pages

[The Eucharist](#)

[Institution of the Eucharist](#)

[The Eucharist at Mass](#)

[Receiving the Eucharist](#)

Games

[Name Match](#)

[Memory Match](#)

[Fill in the Blank](#)

[Word Search](#)

Songs

[You Are the Bread of Life](#)

Videos

[The Bread of Life – Brother Francis](#)

[Prayer Before the Eucharist](#)

Family Page: Ch. 15 – Receiving the Holy Eucharist

Review:

Vocabulary

- Eucharist – The Body and Blood of Jesus, given to us as food. At Mass, bread and wine become Jesus' Body and Blood.
- Holy Communion – Receiving Jesus in the Holy Eucharist at Mass
- Fasting – Giving up food as a sacrifice

- 1) If someone has committed a serious sin, what must he do before receiving Holy Communion?

Go to Confession

- 2) What are we supposed to do for one hour before receiving the Eucharist?

Fast

- 3) Who is truly present in the Holy Eucharist?

Jesus

Discussion Question:

Why is it so important to go to Mass every Sunday?

Activity:

Ask your parents about their First Holy Communion. Let them share what they remember about the experience with you, and how the Eucharist has affected them. If possible, ask your grandparents, too.

Jesus Loves You!